



# Heat and Frost Insulators

## What does an Insulator do?

Insulators are trained and skilled at a multitude of construction trades including mechanical insulation, firestopping, asbestos and lead mitigation, sound attenuation and specialty fabrications. Union insulators have the experience, skills, and resources to handle a wide-variety of insulation-related projects ranging from nuclear and electrical power plants, ethanol plants, automotive manufacturing facilities, and food-processing plants to hospitals, schools, semi-conductors, and high-rise buildings. The expertise of our members runs the gamut to include the thermal control of multi-million-dollar projects, annual maintenance check-ups and even small repairs.

## Working conditions.

Insulators work on commercial and industrial sites on all phases of construction. Work is performed indoor and outdoor, exposing workers to various weather conditions. Reliable transportation is needed as job sites are located throughout the state. The work is physically demanding, requiring heavy lifting, climbing, and working on ladders and lifts and working at heights.

## What are the program specifics?

Length of Program – 5 years  
8000 hours of on-the- job training  
160 hours of classroom instruction per year  
Starting pay is 50% of journeyman rate with 10% increases

## What do I need to apply?

Must be 18 years old  
High School diploma or GED  
Valid state issued driver's license and transportation  
Social security card

## Where do I apply?

Heat and Frost Insulators Local 33  
616 South Colony Road  
Wallingford, CT 06492

Phone: 203-265-6376  
Fax: 203-265-5119  
Email: [admin@insulators33.org](mailto:admin@insulators33.org)  
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